



Consulting Agreement

Client Name:

Client Address:

Client Phone Number(s):

This agreement between the consultant, Shannon Upton, and the above-named client, will begin with the first session and continue until the client decides to terminate services. The fee of \$50 per session is payable in advance of each session. If the meetings are to take place in person, there is additional fee for travel costs.

The timing and location of the meetings will be mutually determined by the consultant and the client. In the event of video conferencing, the client will initiate all scheduled calls at the agreed up time on a home computer, laptop, or stationary tablet or phone. Unless otherwise agreed upon, the sessions will last approximately 30-40 minutes. The client may choose to pay a prorated fee for an extended session if both the client and consultant deem this to be beneficial.

If the client cancels a session with at least seven day's notice, the session fee will be applied as a credit for the rescheduled session. If the client cancels a session with less than seven day's notice, the session fee is forfeit. In the event of session cancellation by the consultant, the session fee will be applied as a credit for the rescheduled session.

The client may discontinue the consulting sessions at any time. The client agrees to compensate the consultant for all consulting services scheduled through and including the effective date for termination of the consulting relationship.

The services to be provided by the consultant to the client are consulting or tele-consulting sessions as designed jointly with the client. Consulting, which is not therapy or counseling, may address specific personal projects, business success, or general conditions in the client's life. The consultant makes no guarantees, representations, or warranties of any kind or nature, expressed or implied, with respect to the consulting services negotiated, agreed upon, and rendered.

Initial: _____

The consultant agrees to listen fully, ask thoughtful questions, give encouragement, and offer guidance. The client agrees to communicate honestly, be open to feedback and assistance, and dedicate the time and energy needed to fully participate in the consultation.

The client is solely responsible for creating and implementing her own physical, mental, and emotional well-being, including the decisions, choices, actions, and results arising out of or resulting from the consulting relationship and interactions with the consultant. As such, the client agrees that the consultant is not and will not in the future be liable or responsible for the client's actions or inaction, or for any direct or indirect result of the services provided by the consultant. The client understands that consulting is not a substitute for therapy and that the consultant does not diagnose, prevent, treat, or cure any mental disorder or medical issue.

The consultant will keep all information provided by the client strictly confidential unless the consultant 1) believes there to be a likely risk of danger or harm to the client or to others, or 2) discovers illegal activity. The consultant-client relationship is not a legally confidential relationship and thus communications are not subject to the protection of any legally recognized privilege. The consultant will not disclose the client's name as a reference without the client's consent.

This document reflects the entire agreement between the consultant and the client. This agreement supersedes all prior written and oral representations and may not be amended, altered, or supplemented except in writing signed by both parties. Our signatures on this agreement indicate a full understanding of and agreement with the information outlined above.

Client

Date

Consultant

Date